



HARLEM WEEK STARTS THIS SUNDAY!
JOIN US TO CELEBRATE THE HEART & SOUL OF HARLEM.

iloveny.com/HarlemWeek | 1-877-427-5364

I ♥ NY

metro

NEW YORK CITY NO. 1 FREE DAILY IN THE US

Monday, July 23, 2018 metro.us | t: MetroNewYork | f: MetroNewYork

REDISCOVERING

SEABRING ST

GREETINGS From...



Despite being nearly non-accessible by mass transit, Red Hook is thriving these days thanks to businesses such as advertising giant Stink Studios and a Tesla showroom moving in. 4

NIKKI M. MASCALI



GETTY IMAGES

**'KING OF
NEW
YORK'
PISTOL-
WHIPPED**

Tekashi 6ix9ine was kidnapped, beaten and robbed in Brooklyn. 11

Try what chefs in public housing are cooking at City Flavors. 16

Could a Knicks lineup in 2019 include Kyrie Irving and Jimmy Butler? 20

LIU
Brooklyn



JOIN US AT OUR OPEN HOUSE

FRESHMEN | TRANSFER | GRADUATE

SUNDAY, AUGUST 5 | 10:30 A.M. – 1:30 P.M.

RSVP: LIU.EDU/BROOKLYN/OPENHOUSE

THINGS
TO
KNOW

MORGAN ROUSSEAU, MANAGING EDITOR

From shark attacks to local freebies, not to mention the sports, entertainment and national news you need to know, Metro.us has got you covered. If you like what you see in our free daily paper, you'd be wise to check out Metro.us for more coverage, and follow us on Twitter, Facebook and Instagram to keep up with our stories and share your opinions. We love to hear from readers.

WELCOME TO
METRO.USTRUMP: CAMPAIGN
WAS SPIED ON ILLEGALLY

In a series of Sunday morning tweets, once again slammed the investigation into Russian meddling, and claimed — without evidence — that it was ‘looking more and more like his 2016 campaign had been illegally spied on.’ The tweets come after his administration released top-secret documents related to the surveillance of his former campaign adviser Carter Page. Referring to the Page documents, Trump said: “As usual they are ridiculously heavily redacted but confirm with little doubt that the Department of ‘Justice’ and FBI

misled the courts. Witch Hunt Rigged, a Scam!” But what Trump didn’t mention on Sunday was how the documents laid out why the FBI was interested in Page. According to the surveillance application filed in October 2016, the FBI said it “believes that Page has been collaborating and conspiring with the Russian Government.” It also said Page “has established relationships with Russian Government officials, including Russian intelligence officers.” Page has denied being an agent of the Russian government and has not been charged with any crime.

MURDER SUSPECT IN LA
STORE HOSTAGE NAMED

2 Los Angeles police named a 28-year-old man on Sunday as the suspect who took hostages and barricaded himself for three hours inside a Trader Joe’s grocery store in which he fatally shot a woman. Gene Atkins is being held on a \$2-million bail on suspicion of murder for Saturday’s attacks, said Los Angeles Police Department spokesman Drake Madison. Atkins is likely to appear in court to be formally charged early this coming week, Madison added. Atkins is suspected of repeatedly having shot his grandmother and another woman in a separate part

of the city before being chased by police and crashing his car outside the Trader Joe’s, according to the police account. He exchanged gunfire with police and entered the crowded store, police said. Some people managed to escape the store by climbing through a window down a rope ladder, according to video footage. The stand-off came to an end after the gunman, who at one point was shot in the arm, talked with police over the phone to negotiate a surrender before emerging. The woman killed at the store was identified as Melyda Corado by relatives.

FRANCESCO MOLINARI WINS BRITISH OPEN

3 Italy’s Francesco Molinari poses for pictures with the Claret Jug, the trophy for the Champion golfer of the year after winning the 147th Open Golf Championship at Carnoustie, Scotland, on Sunday. Molinari won the British Open by 2 shots after shooting a four-round total of 276, 8 under par.



GETTY IMAGES

VIKINGS OL COACH
TONY SPARANO DIES, 56

4 Minnesota Vikings offensive line coach Tony Sparano died on Sunday at the age of 56, the team announced. No details of the cause of death were given by the team, but ESPN’s Chris Mortenson says Sparano had gone to the hospital with chest pains on Thursday and was released on Friday. Sparano’s wife found him unconscious in their kitchen as the couple were about to leave for church, Mortenson reported. She tried giving him CPR, but failed to revive him. “Our hearts go out to Jeanette and the entire Sparano family as we all mourn the loss of Tony,” Mark and

Zygi Wilf, the Vikings owners, said in a statement. “Tony was a passionate and driven individual who cared deeply about his family, and especially enjoyed spending time with his grandchildren. Tony’s presence within the Vikings organization will be deeply missed. We are only thinking of Tony’s family during this incredibly difficult time. We ask that the entire NFL and Vikings family keep the Sparanos in their thoughts.” Sparano, the former Miami Dolphins head coach, joined the Vikings in 2016. He went 32-41 in parts of five seasons as an NFL head coach.

MAG 5.9 EARTHQUAKE INJURES
NEARLY 290 IN IRAN

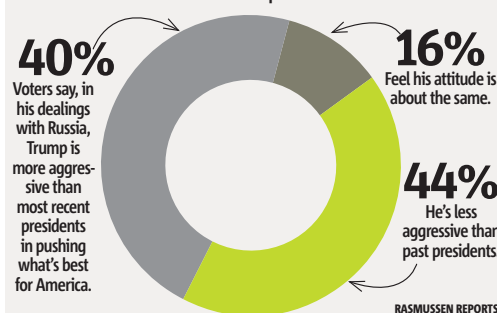
5 A magnitude 5.9 earthquake hit western Iran on Sunday, injuring at least 287 people, hours after two quakes struck Hormozgan province in the south, the official Iranian news agency IRNA reported. Houshang Bazvand, governor of the affected province of Kermanshah, told IRNA that eight of the injured had been hospitalized and the rest were released after treatment. State media said the two earlier earthquakes, with magnitudes of 4.7 and 5.7, had damaged buildings in a few villages

without causing casualties. Morteza Salimi, head of rescue at Iran’s Red Crescent, said damage from the two earlier quakes appeared to be light. “Reports indicate that some walls have collapsed, but extensive damage has not been reported,” Salimi told IRNA. Iran is crisscrossed by major geological fault lines and has suffered several devastating earthquakes in recent years. Last November, a magnitude 7.3 earthquake hit western Kermanshah province, killing at least 620 people and injuring thousands.

STATS

TRUMP AND RUSSIA

In his dealings with Russia, is Trump more aggressive or less aggressive than most recent presidents in pushing what’s best for America? Or is his attitude about the same as that of most of his recent predecessors?



Painful Varicose Veins and Swollen Legs?

**New Foxhurst Location
947 Southern Blvd. Bronx, NY Now Open**



Varicose veins and spider veins are not just a cosmetic issue, they could be the sign of venous insufficiency.

If you or a loved one is suffering from:

- | | |
|---|---|
| <input checked="" type="checkbox"/> Varicose Veins | <input checked="" type="checkbox"/> Swollen Legs |
| <input checked="" type="checkbox"/> Spider Veins | <input checked="" type="checkbox"/> Skin Discoloration |
| <input checked="" type="checkbox"/> Itching and Burning | <input checked="" type="checkbox"/> Leg Ulcers |
| <input checked="" type="checkbox"/> Leg Pain | <input checked="" type="checkbox"/> Blood Clots |
| <input checked="" type="checkbox"/> Leg Cramps | <input checked="" type="checkbox"/> Difficulty Standing |



If left untreated these could lead to more serious complications. Don't delay, treatment takes 15 minutes.



Covered by Medicare and Most Insurance Plans

Don't suffer another day! Call us now!

(917) 717-5135



www.USAVeinClinics.com

Manhattan:

1153 1st Ave, Manhattan, NY 10065 **2 3 4 5 W**
 122 Fulton Street Ste 500 New York, NY 10038 **4 5 2 2 3**
 4159 Broadway, New York, NY 10033 **4 5 1 4 5 6**
 1264 St. Nicholas, Washington Heights, NY 10026
 168 St **4 5 1**

Brooklyn:

924 Flatbush Ave, Brooklyn, NY 11226 **5 6 2 5**
 2511 Ocean Ave Ste 102 Brooklyn, NY 11229 **5 6 4**
 2444 86th St, Ste A, Bensonhurst, NY 11214 **5**
 2965 Ocean Pkwy Ste 200 Brighton Beach, NY 11235 **5 6**

Bronx:

5221 Broadway Ave, Bronx, NY 10463 **1**
 384 E 149 St, Ste 201, Bronx, NY 10455 **2 5**
NEW 2157 White Plains Rd, Bronx, NY 10462 **2 5 6**
 947 Southern Blvd. Bronx NY 10459 **5 6 1 1**

Queens:

116-02 Queens Blvd Forest Hills, NY 11375 **5 6 M 6**
 30-33 Steinway St, Astoria, NY 11103 **5 6 M 6**
 40-04 Forley St, Jackson Heights, NY 11373 **5 6 M 6 7**
 59-20 Myrtle Ave Queens, NY 11385 **5 M 2 1**
NEW 1652-03 Jamaica, Ste 200, Queens, NY 11432 **4 5 6**

Staten Island:

1975 Hylan Blvd, Staten Island, NY 10306

Long Island:

260 Sunrise Hwy Ste 102
 Valley Stream, NY 11581

Suburban NY/Rockland County:

156 Route 59, Ste B1, Suffern, NY 10901

New Jersey:

766 Shrewsbury Ave, Ste 300
 Tinton Falls, NJ 07724
 81 Route 37 West Toms River NJ 08755

Red Hook: A mysterious enclave or the city's next big creative hub?

The waterfront creative and maker-focused Brooklyn enclave is home to much more than just Ikea and Fairway.



NIKKI M. MASCALI
nikki.mascali@metro.us

New York City is about what's next, from the next great club to the hottest new restaurant and, of course, whatever the current neighborhood du jour might be — which many think is Red Hook, especially for the creative and tech communities.

Already home to innovative companies like Red Hook Labs, Pioneer Works and many others, Red Hook is attracting those looking to expand and, in the case of Stink Studios, get some breathing room. The global creative studio just relocated

from Dumbo, where it set up shop in a Red Hook building once used to repair ships — that now also houses one of Tesla's two New York City showrooms.

"There were so many companies in Dumbo that did what we did," said Alex Sturtevant, Stink Studios' global director of brand. "It's nice to get out of where you're running into your competition getting lunch or sharing a bathroom with them."

"To get out of that space is great," added Director of Strategy Nate Skinner. "Walking now, there's a furniture maker, canoe maker ... we're spiritually part of a neighborhood that's much more maker-focused."

While it seems that Red Hook is just becoming a creative and innovative hub, the signs were always there.

"We are already a



One of the reasons Stink Studios relocated was because it needed to expand — but also get some breathing room from Dumbo, its employees said. UHURU

small village of creative cats," said Councilmember Carlos Menchaca, who represents the neighborhood. "We have some of the biggest talent in every creative field, Red Hook grown. Red Hook residents are strong and resilient advocates who will shape the destiny of our waterfront town."

Susan Povich, co-own-

er of 10-year-old Red Hook Lobster Pound, agreed.

"The neighborhood was changing slowly up until Sandy. More people were discovering it, and it was definitely becoming a weekend bike destination," she said.

Now, six years post-Sandy, which heavily damaged the neighborhood, "we've had tremendous

increase in both residential and commercial occupancy," Povich added. "Red Hook has gotten very expensive, and like most places, the artists and nonprofits that built the community are being priced out. If I were coming into Red Hook now, I don't know that I could afford to lease a property for a restaurant."

While Povich does raise a concern about gentrification in the city, there's a reason Red Hook remains a mystery to many: It's not easily accessible by mass transit, having just two trains and two bus routes.

"You don't end up in Red Hook by accident. You're not 'passing through' — everyone who's there means to be there," said Bill Hilgendorf, co-founder of furniture design firm Uhuru.

Traveling to the neighborhood got easier last

year when the NYC Ferry launched its South Brooklyn route, which stops in Red Hook and "has been a blessing to small businesses and residents as a way to commute," Menchaca said.

Added Hilgendorf, "Things like the ferry are going to become critical for us to grow. We're very excited about the ferry — it's a great way to be introduced to Red Hook."

Coincidentally, Uhuru designed desks for Stink Studios' new space, which happens to be where the furniture company was located from 2004 to 2014.

"We're new to this neighborhood, but this neighborhood isn't new," Skinner said. "It's not like we discovered it. It's a nice step away from the trends everyone is involved in, but we moved into an area that's established itself, and we're lucky to fit into."

ALL YOU NEED IS CLIQUE®



Doctors Urge Back Pain Sufferers . . . Read This Before Having Surgery or Using Opioid Drugs

Modern Treatment stands to free thousands of New York Area pain sufferers from reduced mobility, stress and poor quality of life. Treatment may help avoid surgery or overuse of dangerous medication

NEW YORK CITY - If you are interested in relieving back pain or neck pain, getting back to basic daily activities without discomfort and having more energy, than this this will be the most exciting message you ever read.

Here is why:

There is a medical clinic in New York City called **NYC Pain MD**. Actually two of them... in different parts of the city. I'm not sure... but if I'm right... you may want to call them after reading this. If so, their phone number 877-278-8980.

Important Discovery Made?

The doctors at **NYC Pain MD** have made a discovery of sorts. It's not a discovery as in they invented something brand new. It's a discovery about when and how they apply certain back pain treatments... that they have fine tuned... and perfected to get better results than they ever thought possible.

Countless patients are living proof. **And check this out:** What NYC Pain MD doc's actually use is called an "algorithm"... a special step-by-step formula starting with proper evaluation so you make sure to leap frog or bypass treatments that won't work... and find the ones that will work best for you in a little time as possible. Less trial and failure means better quicker results for the pain sufferer.

Now, you may have even heard about many these treatments. **But here's one I bet you may have never heard of... that might help you... and it's not an "epidural".**

This treatment is called: "Radiofrequency Neurotomy." RF for short. RF is a procedure that is based on the theory that blocking the nerve supply to the painful area may alleviate pain and restore function.

There are many nerves around your back or neck and one of their jobs is to sense PAIN.

Radiofrequency waves are delivered to these nerves under advanced precision medical imaging to target the damaged areas... done right in their own clinic without intimidating, expensive hospitals or surgical center... to "block" the painful nerve flow.

Two steps in the formula are performed. First, a test or diagnostic "Block" procedure is done to determine if the procedure is going

to decrease pain and improve function. If this first "test" procedure is successful, RF Neurotomy or "Radiofrequency" will be performed for longer term relief.

NOT just the Treatment alone that is the key ingredient

You see, the real secret is the *formula*. And that again starts with a proper screening evaluation to determine if you are a good candidate and may achieve the results you are looking forward to. This is always Step number one.

And the best part about this screening is... It's FREE

This screening will give you so much relief just knowing what is going on... and what your best options are.

That's right. **NYC Pain MD** offers this first step screening at no cost to patients. The only problem is... they often get over 100 inquiries a day as they also treat almost every painful area and joint. Sometimes its hard to get through. If you don't get through to someone when you call... keep calling... or leave a message... it will be well worth it.

But that's just the first step

After your free screening, if you qualify, the doctors will discuss the best treatment plan for you in a way that you can understand completely. Not all complex "doctor talk"...

This may be one... or a combination of the advanced medical treatments offered at **NYC Pain MD**.

Everything will be explained and all your questions will be answered. And even better:

You will be given all this At NO COST. **NYC Pain MD** doc's are not like used car salesman. They will not be giving you a sales pitch. They are doctors and will give you the best possible options to help your pain and offer to help you the best way they can. In fact, with up to 100 inquiries a day from patient's looking for relief, it's often hard to even get a treatment spot.

You should also know this: While **NYC Pain MD** cannot help everyone... so many have gotten the pain relief they were looking for.



New Techniques May Replace Medications Or Even Surgery: Innovative treatment is now available at NYC Pain MD. Many are seeing dramatic relief for the first time.

One of the reasons they offer those first step free screenings, is because it has opened the door to so many people to get help that they never would have otherwise.

At the very least, you will finally have some direction and a plan. And... whether you have the best, worst or no insurance at all, **NYC Pain MD** programs can be made affordable to everyone

They do not want insurance issues... or *not* being rich or famous... to keep you away if you are suffering in pain.

There is a whole lot more I could say about their treatments etc... but this space is limited and that's best left for you and the doctors to discuss in person.

So...if you are even remotely interested ... take the a first step and give them a call at 877-278-8980 and ask for your free screening.

How To Schedule Your Risk-Free No-Obligation Screening Evaluation

When you call, tell the scheduling experts you are calling for the special "No Obligation Back Pain Screening Program". They will know exactly what you need to do and will find the next available and convenient spot in our in our schedule. So again, just call 877-278-8980. The lines get very busy so if you do not get a live scheduling coordinator, make sure to leave your name, number and time of your call on our voicemail. They will get back to you as soon as possible. Again, the number to call is 877-278-8980.



www.PainMDNY.com
877-278-8980

YOUR LEGS DON'T HAVE TO SUFFER!



- ▣ VARICOSE VEINS
- ▣ SPIDER VEINS
- ▣ LEG ULCERS
- ▣ LEG SWELLING
- ▣ BURNING
- ▣ ITCHING
- ▣ RESTLESSNESS

Personal & discrete care
delivered directly
by Ronald Lev, MD

Certified by the American
Board of Venous
and Lymphatic Medicine

We Accept Most Health
Insurances including
Medicare

Minimally invasive
procedures

Smartlipo
GET IN SHAPE
WITH JUST
1 SESSION



CALL TODAY!
212.204.6501

**Trust the doctor
that cares about you!**



**ADVANCED
VARICOSE VEIN**
TREATMENTS OF MANHATTAN

111 John St, Ste 1450
New York, NY 10038

369 Lexington Ave, Ste 18A
New York, NY 10016

TreatmentsOfManhattan.com
DRLEV@TREATMENTSOFMANHATTAN.COM



Shark attacks are oftentimes in the back of swimmers' minds, but actual incidents are few and far between. GETTY IMAGES

After shark attacks in Long Island, are city beaches safe right now?

Two shark attacks on Fire Island have beachgoers questioning their safety at New York beaches. But are sharks really a threat in Long Island and New Jersey?



MORGAN ROUSSEAU
morgan@metro.us

Shark attacks closed Fire Island beaches last week, alarming swimmers across Long Island and raising questions about the safety of New York beaches.

The shark attacks targeted two children, a 12-year-old girl and a 13-year-old boy, who were apparently bitten in their legs. The pair were treated for the puncture wounds and released, each with a bandaged right leg. A shark's tooth was removed from the boy's leg and will be used to determine the species of shark that attacked the two kids. Both were expected to fully recover from the shark attacks.

Over the weekend, several sharks were also spotted at Robert Moses State Park. Swimming was suspended for a while but then resumed after a shark was caught.

The good news is that despite the horror of Wednesday's attacks, it was the first case of a shark bite on Fire Island in 70 years. Still, it's fair that summer tourists would question whether New York beaches are safe for swimming, boogie boarding and surfing.

Shark attacks on hu-

mans are extremely rare in waters off Fire Island, east of New York City, or anywhere else in the state of New York, Ocean Beach Fire Department Chief told Reuters. In fact, there are only 10 cases of shark bites on humans documented at New York Beaches. The last one happened in 1948, Levine said.

16

The U.S. averages about
16 shark attacks each
year, and less than one
shark attack fatality every
two years, according to
National Geographic.

And how about New Jersey beaches? Shark attacks are just as rare there, according to recent statistics, but there was a time when sharks terrorized Jersey Shore beachgoers. The Jersey Shore shark attacks of 1916 played out between July 1 and July 12, 1916, killing four people and injuring one. The carnage made headlines, with the Philadelphia Inquirer reporting on the capture of a man-eating shark off the coast of New Jersey after the attacks. It's not clear which species of shark was responsible for the mayhem, but scholars suspected the great white shark and the bull shark as the main culprits.

When one examines shark attacks across the United States, the stats are less comforting. The U.S. averages about 16 shark attacks each year, and less than one shark attack fatality every two years, according to National Geo-

graphic, which points out that lightning strikes kill at least 41 people annually in the coastal U.S.

Out of the 375 shark species that have been identified, only about a dozen are considered particularly dangerous, Nat Geo reports. The three most dangerous sharks (meaning they attack the most humans) are the great white shark, the tiger shark, and the bull shark. Great white sharks live in all temperate ocean waters around the globe, including the east coast. And yes, great whites have specifically been spotted in waters around New York City, according to marine biologists.

"New York is becoming a very exciting place in terms of the ocean," Craig O'Connell, a shark biologist working on the Shark Week special, told RealClearLife last year. "We're getting to see the resurgence of great white sharks, and also marine mammals. We're here at the perfect time to witness it."

A recent study by Florida Atlantic University's Harbor Branch Oceanographic Institute confirmed that baby white sharks move in seasonal migrations off the coast of New York. In fact, scientists believe that the New York Bight from Cape May Inlet in New Jersey to Montauk Point in Long Island serves as an important "nursery" for baby white sharks.

Levine noted that a 7-foot-long tiger shark was caught by a fisherman at Kismet 2 miles away from the location of the attack, but he doubted that particular shark was involved in Wednesday's incidents.

Why Haven't Senior Homeowners Been Told These Facts?

Keep reading if you own a home in the U.S. and were born before 1955.

It's a well-known fact that for many senior citizens in the U.S. their home is their single biggest asset, often accounting for more than 50% of their total net worth.

Yet, according to new statistics from the mortgage industry, senior homeowners in the U.S. are now sitting on more than **6.1 trillion dollars** of unused home equity.¹ With people now living longer than ever before and home prices back up again, ignoring this "**hidden wealth**" may prove to be short sighted.

All things considered, it's not surprising that more than a million homeowners have already used a government-insured Home Equity Conversion Mortgage or "HECM" loan to turn their home equity into extra cash for retirement.

However, today, there are still millions of eligible homeowners who could benefit from this FHA-insured loan but may simply not be aware of this "**retirement secret**."

Some homeowners think HECM loans sound "too good to be true." After all, you get the cash you need out of your home but you have no more monthly mortgage payments.

NO MONTHLY MORTGAGE PAYMENTS?² EXTRA CASH?

It's a fact: no monthly mortgage payments are required with a government-insured HECM loan;² however the homeowners are still responsible for paying for the maintenance of their home, property taxes, homeowner's insurance and, if required, their HOA fees.

Another fact many are not aware of is that HECM reverse mortgages first took hold when President Reagan signed the FHA Reverse Mortgage Bill into law 29 years ago in order to help senior citizens remain in their homes.

Today, HECM loans are simply an effective way for homeowners 62 and older to get the extra cash they need to enjoy retirement.

Although today's HECM loans have been improved to provide even greater financial protection for homeowners, there are still many misconceptions.

For example, a lot of people mistakenly believe the home must be paid off in full in order to qualify for a HECM loan, which is not the case. In fact, one key advantage of a HECM is that the proceeds will first be used to pay off any existing liens on the property, which frees up cash flow, a huge blessing for seniors living on a fixed income. Unfortunately, many senior homeowners who might be better off with HECM loan don't even bother to get more information because of rumors they've heard.

That's a shame because HECM loans are helping many senior homeowners live a better life.

In fact, a recent survey by American Advisors Group (AAG), the nation's number one HECM lender, found that over 90% of their clients are satisfied with their loans.

While these special loans are not for everyone, they can be a real lifesaver for senior homeowners.



FACT: In 1988, President Reagan signed an FHA bill that put HECM loans into law.

The cash from a HECM loan can be used for any purpose. Many people use the money to save on interest charges by paying off credit cards or other high-interest loans. Other common uses include making home improvements, paying off medical bills or helping other family members. Some people simply need the extra cash for everyday expenses while others are now using it as a "safety net" for financial emergencies.

If you're a homeowner age 62 or older, you owe it to yourself to learn more so that you can make an informed decision. Homeowners who are interested in learning more can request a free 2018 HECM loan Information Kit and free Educational DVD by calling American Advisors Group toll-free at 1-800-791-1598.

At no cost or obligation, the professionals at AAG can help you find out if you qualify and also answer common questions such as:

1. What's the government's role?
2. How much money might I get?
3. Who owns the home after I take out a HECM loan?

You may be pleasantly surprised by what you discover when you call AAG for more information today.

¹Source: <http://reversmortgagedaily.com/2016/06/21/seniors-home-equity-grows-to-6-trillion-reverse-mortgage-opportunity>. ²If you qualify and your loan is approved, a Home Equity Conversion Mortgage (HECM) must pay off any existing mortgage(s). With a HECM loan, no monthly mortgage payment is required. A HECM increases the principal mortgage loan amount and decreases home equity (it is a negative amortization loan). AAG works with other lenders and financial institutions that offer HECMs. To process your request for a loan, AAG may forward your contact information to such lenders for your consideration of HECM programs that they offer. When the loan is due and payable, some or all of the equity in the property no longer belongs to borrowers, who may need to sell the home or otherwise repay the loan with interest from other proceeds. AAG charges an origination fee, mortgage insurance premium, closing costs and servicing fees (added to the balance of the loan). The balance of the loan grows over time and AAG charges interest on the balance. Interest is not tax-deductible until the loan is partially or fully repaid. Borrowers are responsible for paying property taxes and homeowner's insurance (which may be substantial). We do not establish an escrow account for disbursements of these payments. A set-aside account can be set up to pay taxes and insurance and may be required in some cases. Borrowers must occupy home as their primary residence and pay for ongoing maintenance; otherwise the loan becomes due and payable. The loan also becomes due and payable when the last borrower, or eligible non-borrowing surviving spouse, dies, sells the home, permanently moves out, defaults on taxes or insurance payments, or does not otherwise comply with the loan terms. American Advisors Group (AAG) is headquartered at 3800 W. Chapman Ave., 3rd & 7th Floors, Orange CA, 92868. (Licensed Mortgage Banker-NYS Department of Financial Services; American Advisors Group operates as American Advisors Group, Inc. in New York). V2017.08.23_OR



Among the documents unveiled from the 1989 Central Park Five case is this photo of a bloody shirt recovered at the scene. NYC LAW DEPARTMENT

Thousands of 'Central Park Five' documents being unveiled

The city Law Department has been releasing 200,000 pages of documents, 95 depositions and other records from the infamous 1989 case of the Central Park Five.



NIKKI M. MASCALI
nikki.mascali@metro.us

Thousands of Central Park Five documents are being released by the New York City Law Department, including many that have never before been made public, the New York Daily News reported.

The Central Park Five refers to Kharey Wise, Antron McCray, Kevin Richardson, Raymond Santana and Yusef Salaam who were all convicted of brutally raping and beating 28-year-old Trisha Meili, who was known as the "Central Park Jogger," in April 1989. Meili was in a coma for 12 days following the attack.

The Central Park Five became one of the city's most infamous crimes. The five defendants did confess to being accomplices to the rape, saying they helped restrain the Central Park jogger, but no DNA from any of the then-teenagers was found in the subsequent rape kit.

The Central Park Five defendants were exonerated in 2002 after Matias Reyes confessed to raping Meili, and DNA evidence proved the prison inmate's claim. The Central Park Five, who served between seven and 13 years in prison, were awarded a \$41 million settlement from the city in 2014.

The city will release 200,000 document pages, 95 depositions and various other records regarding the Central Park Five case as part of that 2014 settlement, the Daily News reported.

The first batch released Thursday included only

items from the original investigation, with more slated to be unveiled soon — with Meili's blessing.

"For my own peace of mind, I wanted to find the truth of what happened and who was involved, and so that's why I'm eager to see the release of these documents. It's information and the details I've never had access to," she told the Daily News.

\$41M

When the Central Park Five were awarded their \$41 million settlement from the city in 2014, many were outraged, including now-President Donald Trump.

When the Central Park Five were awarded their \$41 million settlement from the city in 2014, many were outraged, including now-President Donald Trump.

In 1989, Trump took out full-page ads in New York City's major newspapers that called for the death penalty for the Central Park jogger's attackers.

"I want to hate these muggers and murderers. They should be forced to suffer," Trump wrote in the ads, which were headlined with "Bring back the death penalty. Bring back our police!"

In a CNN interview with Larry King soon after, Trump stood by the ads, saying, "maybe hate is what we need if we're gonna get something done."

After the Central Park Five were exonerated, Trump called their settlement "a disgrace" and said "settling doesn't mean innocence ... these young men do not exactly have the pasts of angels."

On the campaign trail in 2016, Trump still declared the Central Park Five were guilty, despite their convictions being vacated.

Still feeling
BLUE?



We're taking a different approach to depression.

If you've tried depression medications and they haven't worked very well, you're not alone. We're developing an investigational drug designed to work along with your antidepressants to see if it can help address unresolved symptoms. Please consider joining this investigational study. As long as you're 18 years of age or older, you may be eligible to participate whether or not you are currently taking an antidepressant.

TO LEARN IF YOU QUALIFY, CONTACT:
Synexus 718-969-3005



All eligible study participants may receive at no cost:

► **CONSULTATION WITH STUDY DOCTOR**

► **STUDY DRUGS**

► **STUDY-RELATED CARE AND VISITS**

Alamo Drafthouse Brooklyn takes up plastic straw ban

Though the environmental impact of plastic straws isn't truly known, most people still agree that we should try to limit single-use plastics in general. A plastic straw ban seems like an easy start, with companies like Starbucks and McDonald's

announcing initiatives — and now, Alamo Drafthouse Brooklyn.

When you order a soda or water from your seat at Alamo Drafthouse Brooklyn (if you haven't been, there's no concession stand; staff takes orders off of menu cards right at your movie seat throughout the film), you will no longer be given a plastic straw.

The movie theater company announced the change in a recent blog post, writing that "You might've noticed that our servers are no longer bringing you straws for sodas, teas and waters."

If you still want a straw or need one because of a physical disability, don't worry — there's not a complete straw ban at Alamo Drafthouse Brooklyn, just a plastic straw ban. The theater will be offering biodegradable straws so you can sip your drink without any eco guilt.

"At more than half of our 35 locations across the country, we'll be switching entirely to a corn-based biodegradable straw," the company said. "We're expecting this to be ready at most locations by the end of this month."

All locations seeing the plastic straw ban are company-owned, including Alamo Drafthouse Brooklyn. The company

will urge its franchise owners to follow suit, and a number have already agreed to do so, Alamo CEO Tim League told The Hollywood Reporter.

Starbucks made waves when it announced it would go

"At more than half of our 35 locations across the country, we'll be switching entirely to a corn-based biodegradable straw. We're expecting this to be ready at most locations by the end of this month."

Alamo Drafthouse Brooklyn

plastic-straw free by 2020 on both sides of the aisle. The coffee company introduced a new (plastic) lid that basically looks like a sippy cup for adults, pleasing people who want to curb their straw use but aggravating disability rights activists.

Some people with disabilities need to use straws as they can't lift drinks,

but straw alternatives like metal risk injury or simply don't meet their needs, activists explained. Starbucks has since clarified it will still offer straws to customers who need or request them.

One common straw alternative is paper, but activists say these tend to dissolve, and this straw alternative may not work for moviegoers, either. Cineplex in Canada ruled out paper straws as a plastic alternative, THR reports, because they couldn't stand up to all the sips through a two- or three-hour movie.

Alamo Drafthouse hopes that by not giving everyone a straw right off the bat, people who don't need straws will use them less. Alamo Drafthouse started the environmental initiative at its Denver location a few months ago, according to the company, and has already seen a 75 percent reduction in straw usage. KRISTIN TOUSSAINT



You won't automatically get a straw with your movie soda at Alamo Drafthouse Brooklyn. ISTOCK

STRENGTH HAS A PLAN.

We empower her to do things she would not do on her own.

SEE WHAT'S POSSIBLE WHEN HEALTH CARE GETS PERSONAL.

We take the time to understand the needs and concerns of our Medicare and Medicaid health plan members to help them make the right decisions.

villagecaremax.org

1.800.469.6292 (TTY 711)

8 am to 8 pm, 7 days a week



VILLAGECAREMAX

VillageCareMAX Medicare Health Advantage Plan (HMO-POS SNP) is an HMO with a Medicare contract. Enrollment in VillageCareMAX depends on contract renewal. This plan is available to anyone who has both Medical Assistance from the State and Medicare. VillageCareMAX is available in the Bronx, Brooklyn, Manhattan and Queens. VillageCareMAX complies with Federal civil rights laws and does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex. ATTENTION: Language assistance services, free of charge, are available to you. Call 1-800-469-6292 (TTY: 711). ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-800-469-6292 (TTY: 711). 注意: 如果您使用繁體中文, 您可以免費獲得語言援助服務。請致電1-800-469-6292 (TTY: 711).

With ADHD, it's hard to stay on task.

Symptoms of adult ADHD may include a lack of organization and becoming distracted easily, difficulty finishing tasks, poor listening skills, restlessness, chronic lateness, impulsiveness, even angry outbursts.

Whether you've been diagnosed with adult ADHD, or believe you are experiencing symptoms, local doctors need your help testing an investigational medication.

Qualified participants in this research study will be seen by a doctor and receive all study-related care, exams and medications at no cost. You may be reimbursed for study-related travel.

Learn more and find out if you qualify.

Call or TEXT: (212) 595-5012

www.MedicalResearchNetwork.com

The Medical Research Network, LLC
134 E. 93rd Street, New York, NY

East Side Access work to affect LIRR service through September

LIRR service changes are part of East Side Access work to connect the LIRR to Grand Central.



NIKKI M. MASCALI
nikki.mascali@metro.us

As East Side Access work continues in New York City, LIRR customers are seeing some service changes — and a few service restorations — that went into effect this past weekend, the MTA announced.

The changes, which began Saturday, are expected to last through Sept. 3 as crews relocate hundreds of feet of track by several yards in Sunnyside, Queens, to make space for an entrance to the newly constructed tunnel to Grand Central



As East Side Access work continues in New York City, LIRR customers are going to see some service changes — and a few service restorations — go into effect this weekend, the MTA announced. **STOCK**

Terminal. The work also includes track switch reconfiguration and reconstruction.

"This track relocation reflects real, tangible progress at East Side Access — bringing us another step closer to starting LIRR service to Grand Central," said Janno Lieber, MTA chief development officer. "After this step is completed, the contract to build the tunnel entrance, which will begin active construction this fall, is the last major contract needed for the start of service."

The MTA's East Side Access project, which has

roots back to the 1950s, will connect the LIRR to Grand Central Terminal. The railroad currently operates only to Penn Station. When complete, the project expected to cost more than \$10 billion will serve roughly 162,000 customers each day and will feature an eight-track terminal and concourse beneath Grand Central. East Side Access is slated to open by 2023.

(As a result of this East Side Access work, five LIRR trains that were rerouted from Penn Station will now resume service there. Check mta.info for specifics.)

SERVICE CHANGES

Here are service changes that went into July 21 through Sept. 3 as part of this phase of East Side Access work.

• **Far Rockaway/Long Beach**
The 8:03 a.m. from Valley Stream (stopping at Rosedale, Laurelton, Locust Manor, Jamaica, Kew Gardens, Forest Hills and Penn Station) will run express through Woodside. For the full list, go to MTA.info.

• **Montauk Branch**
The 5:39 a.m. from Montauk to Hunterspoint Avenue and Long Island City will terminate at Jamaica at 8:17 a.m. Customers going to Hunterspoint Avenue or Long Island City can take the 8:25 a.m. from Jamaica to Hunterspoint Avenue, which will add a stop at Long Island City.

• **Port Washington branch**
The 8:21 a.m. from Penn Station, making all local stops to Port Washington, will be canceled. Alternate trains depart Penn Station at 7:55 a.m. or 8:51 a.m.

The 8:45 a.m. train from Port Washington, running

express after Great Neck, will be canceled. Alternate trains depart Port Washington at 8:18 a.m. and 9:11 a.m.

The 4:22 p.m. train from Penn Station to Great Neck, Manhasset, Plandome and Port Washington will be canceled. Customers can take the 4:25 p.m. to Great Neck, which will add stops at Manhasset, Plandome and Port Washington.

The 5 p.m. from Port Washington, making all local stops except Plandome and Murray Hill, will be canceled. Alternate trains depart Port Washington at 4:36 p.m. and 5:23 p.m. The 5:26 p.m. from Penn Station to Great Neck, Manhasset, Plandome and Port Washington will be canceled. Customers can take the 5:29 p.m. train to Great Neck, which will add stops at Manhasset, Plandome and Port Washington.

The 7:01 p.m. from Penn Station to Bayside, Great Neck, Manhasset, Plandome and Port Washington will be canceled. Customers can take the 7:14 p.m. train to Great Neck, which will add stops at Manhasset, Plandome and Port Washington.

Feet Hurt? Bunions? Hammertoes? Heel Pain?

Platelet Rich Plasma Therapy (PRP)

A new approach for treating Tendon Injuries for the Achilles, Tendinitis and Plantar Fasciitis (Heel and Arch Pain)

Take The Foot Health Checkup

- My toenails are streaked, discolored and thickened.
- The sides of my toenails dig into the skin and hurt.
- I have a large bump behind my big toe (or little toe) which is always red.
- I get an extremely painful "corn" in the area of my third and fourth toes when wearing shoes.
- My toes aren't straight—they are all cocked-up, bent and hurt.
- I have painful calluses on the ball of my foot which keep building up.
- I have corns on my toes which get thick no matter what shoe size I wear.
- The bottom of my feet hurts all day, but it's worse when I step out of bed in the morning.
- I have cramps in my legs which always happen when I walk the same distance.
- My ankles are swollen most of the time.
- My feet are always dry and itchy—sometimes they itch.
- My feet just hurt all over when I stand or walk a lot.
- I have numbness, burning, infection, persistent pain, skin rash, or open sores.

If any of these apply to you...

Call today.

Patient is responsible for co-pays & deductibles

most insurance plans accepted complete family foot care laser surgery available

Relief For Chronic Heel Pain

Now Featuring **genesisplus™**

New FDA Laser Treatment For Nail Fungus, Scars & Warts

CUTERA



New Treatment For Heel Pain, Shockwaves, PRP (platelet rich plasma) as seen on the front page of The New York Times

The Most Advanced Techniques Used For Bunions & Hammertoe Correction

Downtown location

63 Broadway Suite 1103
Financial District
NYC, NY 10006
212-486-7333

Midtown location

121 E. 60th St.
New York City, NY
212-486-7333
Paul Drucker DPM
Jordan Drucker DPM

335 East 22nd Street
(between 2nd and 3rd Ave.)
1 212-486-7333
184 West 70th St
212-772-3500



Tekashi 6ix9ine performs on stage during a concert at the Huxleys in July in Berlin, Germany. FRANK HOENSCH / GETTY IMAGES

Tekashi 6ix9ine kidnapped, beaten and robbed in Brooklyn

Rapper Tekashi 6ix9ine, who refers to himself as the "King of New York" was kidnapped, beaten, and robbed in Brooklyn early Sunday, according to the New York Post.

Photos of the rapper laying in a hospital bed surfaced online. Tekashi 6ix9ine told Brooklyn Police at the 79th Precinct that he was kidnapped on Sunday in the early morning hours.

It was reported that Tekashi 6ix9ine was pistol-whipped after he was abducted and robbed for an undisclosed amount of money and jewelry.

After reporting the incident to police, the 22-year-old New York native was said to no longer be cooperating with the police.

According to his ac-

count to officers, Tekashi 6ix9ine was coming home from a video shoot around 4:30 a.m. when his Tahoe was bumped off the road at Bedford and Atlantic avenues, per Page Six.

Two men took an iPhone from the rapper's driver before they struck the artist and forced him into their car.

Tekashi 6ix9ine said he was taken to the home of his child's mother, where he was held hostage while the men forced him to make a phone call to one of his associates to bring him money and jewelry.

The hip-hop star says he managed to make a run for it. After escaping, he walked in to the precinct to report the incident to police before

heading to the hospital.

In the online photo, Tekashi 6ix9ine can be seen with his eyes closed while he lays resting in a hospital bed. Bruising can be seen on the left side of his face on his cheekbone and eye.

Tekashi 6ix9ine is known for not only his music but his bragging. The rapper has announced many times on his social media channels that he is the "King of New York" and is "untouchable."

Critics within the music world have commented that Tekashi 6ix9ine's kidnapping and robbery may have been a publicity stunt to gain attention in time for his newly released track on Sunday featuring Nicki Minaj. SARAH LUOMA

QUALITY DENTURES THE SAME DAY

NY's Place for same day dentures for over 40 years.

Smile with Confidence



\$100 off
each
NEW
denture!
EXP: 8/15/2018

NEW PATIENT PACKAGE
MAINTENANCE
CLEANING
DIGITAL X-RAYS

With This ad only. One per patient.
First visit only. Coupon expires 8/15/2018
*some restrictions may apply

\$89

NEW PATIENTS Only
ONE
DENTURE
RELINE

With This ad only. One per patient.
First visit only. Coupon expires 8/15/2018
*some restrictions may apply

\$194

FREE CONSULTATION

DENTURE REPAIRS AND RELINES WHILE-U-WAIT!

MOST INSURANCE PLANS WELCOME
SENIOR Cit. Discounts* on new dentures and crowns
Full Service State-of-the-Art Cosmetic Dentistry

224 West 35th St., New York, NY 16th Floor (between 7th and 8th Avenues)



Call Now!
212-689-0024

www.denturecenter.com

Cannot be combined with other offers
*not to be combined



the GRUMBLE

Tell us what you think!



@metro newyork



Pat King
Grumble Editor

On last Thursday's Grumble, I asked you to send me some advice on how to cut down on using social media, and your responses did not disappoint! Here are two of the best Grumbles that we received.



up an hour earlier than necessary, to get to the office an hour earlier than necessary, in order to get all his social media nonsense out before 7 A.M. Oh yeah, finally, on the train - put the phone down, and read the Metro!
- Matthew Nassif, Metro US reader

SOCIAL MEDIA FATIGUE!

I already knew I didn't want to be a phone zombie so I created only one social media account. Sometimes I just go on it once a week or sometimes I don't even touch it in four months. I especially don't go on it during the weekend. I just keep telling myself what would be so important that I have to keep looking at my social media. Nothing, really. If we didn't have it before to keep in contact with people or to read feeds of stories; we don't need

it now for our daily life. There is more to life than looking at what people are doing on social media. Read a book (I don't see that much anymore) or just get out and hang out with friends and family.
- Ilsa M, Metro US reader

To check out the full feature with some more advice from our staff at Metro and some more reader submissions, head over to metro.us.

READER WRITE-INS:

HOW TO UNPLUG

Find a significant other, and then DO NOT move in with them. Between work, date

nights, transit to see each other, spending time with each other and texting while your apart, you'll find all of your hobbies and preferred time wasters are suddenly pressed

for time. Your subconscious will begin prioritizing your time and ditching a lot of the waste.

Alternatively, I have a buddy who deliberately gets

VENT TO US!
GRUMBLE@METRO.US

#metroneewyork

caption this photo

Every day we will post a new photo and give you the chance to send in the funniest caption to go along with it. We'll publish the best caption the following day. Send us your best ideas to [@metronewyork](https://twitter.com/metronewyork) [@metroboston](https://twitter.com/metroboston) [@metrophilly](https://twitter.com/metrophilly)



The winning caption from Stefan Berndt, Metro Boston reader

TOMORROW'S PHOTO:



metro
&
event

INVITE THE WORLD TO YOUR EVENTS

List your event on metro.us/events

metro.us/horoscopes



Aries Travel plans can be made. Whether it's business or pleasure, observe your new surroundings and use what you see to inspire you to accomplish what you set out to do.



Taurus A change of plans may take you by surprise. Use your intelligence instead of anger to find alternatives or solutions that will make whatever situation you face better.



Gemini Look at your options and study the best way to take advantage of whatever you are faced with. Don't be too quick to make a change that could have lasting repercussions.



Cancer Personal improvements can be made. A domestic or physical change that will improve your life should be initiated. Reconnect with old friends, and an opportunity will arise.



Leo Dealing with someone you are in a joint venture with should be handled carefully. Listen and discuss the ups and downs of any decision that needs to be made.



Virgo A pragmatic approach when dealing with friends or associates will be required. Don't let personal emotional issues infiltrate into what you are trying to accomplish.



Libra Quickly clear up any financial discrepancy, institutional or governmental issue, or medical matter that's pending. Someone close to you is keeping a secret or may be ready to reveal one of yours..



Scorpio Be the solution, not the problem. Offer to help or take over and get things done your way. Be creative, and you will solve any challenge that comes your way.



Sagittarius Keep an open mind when dealing with peers or family. Knowing what you are up against will make it easier to understand all sides of an issue. Talks will lead to resolutions.



Capricorn Leave well enough alone when dealing with sensitive issues or negotiations. Look inward and work on matters that will make your life better instead of trying to change someone else's.



Aquarius Take care of business. Whether dealing with a partnership issue or putting your heart and soul into doing the best job possible, your passionate approach to finishing what you start will be rewarded.



Pisces Use insight and incentives when dealing with others, and it will be easier for you to get around any obstacles or opposition you face. Keep your emotions well hidden. EUGENIA LAST

LIFESTYLE

The comedian talks her latest Netflix special and where all the voices come from.



ANDREW HUSBAND
letters@metro.us

Within the first five minutes of "Elder Millennial," Iliza Shlesinger's latest comedy special, which streams Tuesday on Netflix, the 35-year-old comic uses just as many voices, characters and contortions to tell a story.

The story itself, which concerns her engagement, is quickly subsumed by the comedian's performance, leaving the audience is none the wiser (and for the better).

"The only way to tell those stories is to become them," Shlesinger explains. "I see them so vividly in my head, and when I tell them the voices come out, the body movements come out. I just want to pull the audience into that picture in my mind. I feel like I'm trapped sometimes, and I just want to say, 'Can't you see what I see?'"

"It just feels so natural, trying to pull them

Iliza Shlesinger on Robin Williams' legacy and being an 'Elder Millennial'



Iliza Shlesinger's new special debuts on Netflix this week. **NETFLIX**

into my brain and wanting them to experience it."

Shlesinger, the 2008 winner of NBC's reality competition "Last Comic Standing," has made a name for herself on Netflix, where her first special, "War Paint" debuted in 2013. Since then her profile in the stand-up world (and beyond) has exploded, thereby exposing her many voices and characters to as many eyeballs and eardrums as possible.

Yet the global fame hasn't fazed Shlesinger,

even whenever anyone compares her stage presence to that of the late Robin Williams.

"There's no higher compliment than being compared to a genius like Robin Williams. I think to be a comedian that's living and breathing now, you couldn't have grown up without watching him. To cite him specifically as an influence, however," she cautions, "I couldn't say that I would do that. For me, it was more sketch comedy like 'In Living Color' and 'Saturday Night Live.'"

"Of course, we watched all of his great movies. 'Mrs. Doubtfire' comes to mind in terms of characters and things

like that," Shlesinger continues. "I wouldn't cite him as a specific influence, but subversively, he was always in the ether. We all have our own way of storytelling, our own presence on stage."

"If you look at someone like Steven Wright, who is the best at standing still and speaking softly, he's brilliant at it. At the other end of the spectrum, you have people like Robin, who keep moving around, sweating and drinking all the water."

Based on her performance in "Elder Millennial," Shlesinger definitely leans much further toward the Williams end of the spectrum.

Even so, for comedy aficionados and general audiences alike, it's not too difficult to see both styles on full display in her latest hour.

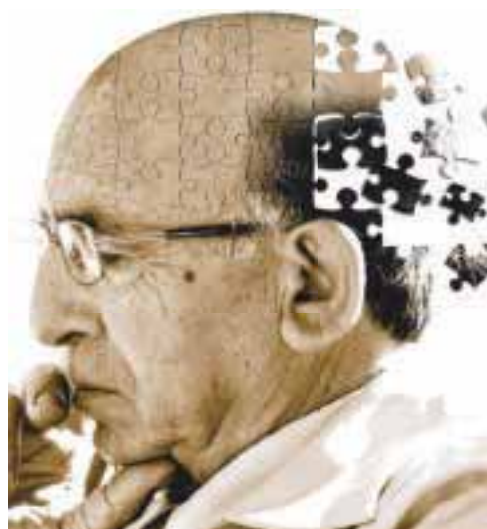
The comic credits her love of sketch comedy and her time in a high school improv troupe, as well as her years at Emerson College in Boston, where she joined the Jimmy's Traveling All-Stars sketch comedy group.

She also cites a video camera she bought herself one spring break back in high school.

"I bought a video camera instead of going on spring break, not that anybody invited me on spring break. I voluntarily bought this camera, and I was always making these funny videos with it, with no real guidance. I thought I was living in a vacuum," she recalls. "When I got to Emerson, I remember looking around the campus and thinking, 'Oh my God, these kids are just like me!'"

Is your loved one suffering from

Agitation
or
Aggression
due to
Alzheimer's disease
or
Dementia?



In this research study, individuals with a diagnosis of **Alzheimer's disease** or **dementia** who have symptoms of **agitation** or **aggression** will receive 12 weeks of free study treatment with help in behavioral management from experts in the field.

IF INTERESTED, PLEASE CALL

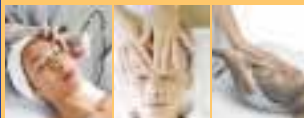
646-774-8674

The study is conducted at New York State Psychiatric Institute/Columbia University Medical Center, is funded by the National Institutes of Health and sponsored by Johns Hopkins University.

ESSENTIAL
Skin Care

www.essential-skin.com

Specializing in
Problem Skin
Licensed
Professionals
Introductory Offers!



Free consultations

Treat yourself to the gift of beautiful skin; We offer results, not promises!

"Slimming Body Wrap \$50 • Eyebrow / Eyeliner Tinting \$25 • Ear Candling \$50"

Diamond Microdermabrasion Only \$50

for acne scars, sun damage skin, fine lines, wrinkles, discoloration, blackheads.

Botinal Wrinkle Treatment Reg \$160 \$125

formulated with "Botox®-Like" effect without injection. Effectively reduces the appearance of wrinkles and crow's feet after only one treatment.

Acne Treatment w/Glycolic Acid Peel Only \$45

For oily and blemish skin with excessive blackheads/whiteheads, acne scars and discoloration.

Back/Chest Deep Pore Cleansing \$75/\$35

Deep Cleansing Facial Reg \$75 \$40

Deep cleans and refreshes all skin types.

Brightening Peel Reg \$125 \$75

An antioxidant peel that helps to brighten and lighten discolored skin with highly concentrated L-Vitamin C and L-Retinol. All skin types.

Herbal Peel Reg \$350 sp \$200

A non-acid, chemical-free peel that utilizes manual exfoliation to resurface the skin, lifting away stubborn pigmentation and softening the look of acne scarring.

Back/Chest Glycolic Peel Only \$55/\$30

Elisabeth Moss served as a producer for "Ballet Now."

'Ballet Now' star Tiler Peck wants to bring ballet to a new, younger audience



In today's world, it is much more than Swan Lake, pink tights and tutus.



GREGORY WAKEMAN
Gregory.Wakeman@metro.us

In the world of ballet, Tiler Peck rules supreme.

Not only is she a principal dancer with the New York City Ballet, who performed twice in front of President Barack Obama and First Lady Michelle Obama at the Kennedy Honors ceremony, but she's a prodigy that starred in "The Music Man" at 11, and has also danced in some of the most famous ballets of all time, including "The Nutcracker," "The Sleeping Beauty" and "Swan Lake."

Last year, though, Peck took her career to an even higher echelon, as she became the first woman to curate The Music Center's famed BalletNOW program in Los Angeles. In this role, Peck oversaw an eclectic group of dancers and performers over three distinct performances, while she also gave director Steven Cantor and producer Elisabeth Moss complete access to make a documentary on her efforts, too.

The result is "Ballet Now," and we recently had the honor of speaking to Peck about the experience and the documentary.

everyone to see these shows" because they were a one-time thing and I didn't want L.A. audiences just to see it. At first we started throwing around the idea of doing like a live from Lincoln Center, but this time from the Music Center. Just so the performances could be seen live. Then Elisabeth Moss got word of all of it, and instantly wanted to be involved. She is such a dance fan, and is so passionate. She was like, "I really want to show the behind the scenes. I feel like people don't really get to see into the intimate, behind the scenes. I feel like that is the most interesting thing. I know I would really want to watch that." We really wanted to make something that just felt very real. Nothing added, no added fluff, because I just feel like ballet and dance is such a beautiful art form that you don't really need to add much to it. You can just show the reality, which was really important to me, Lizzy, and Stephen, who directed it. So we basically just filmed everything that went on for the four days that we were all there. We came up with a documentary that I am very proud of, and I think it shows ballet in such a great light.

Can you talk about the sacrifices and challenges



Where did the idea for "Ballet Now" come from?

It started at the music center. Rachel Moore asked me if I wanted to curate these shows, and me to become the first female ever to do these shows. Then when I started to put the program together, and saw what dances and pieces we would be doing, I started thinking, "I want

Fibroid Pain? **UFE** - Not Hysterectomy

If You Suffer From Any of These FIBROID Symptoms...

- Bleeding Between Periods
- Reproductive Dysfunction
- Protruding Belly
- Frequent Urination
- Heavy Bleeding
- Pelvic Pain
- Bloating
- Constipation

...Then Consider Uterine Fibroid Embolization (UFE)

- **Minimally invasive** & non-surgical
- Short recovery and **no hospitalization**
- **Covered** by Medicaid & most insurance plans

Don't Hesitate, Call Today!

718-504-6414



QUEENS

116-02 Queens Blvd E F M T
Forest Hills, NY 11375

30-33 Steinway M O M F
Astoria, NY 11103

162-03 Jamaica Ste 200
Queens, NY 11432 E O F

LONG ISLAND

260 Sunrise Hwy #102
Valley Stream, NY 11581

MANHATTAN

122 Fulton St A C O F 2 3
Manhattan, NY 10038

1264 St. Nicholas Ave A C 1
Washington Hts, NY 10026

BROOKLYN

2444 86th St. Ste A D
Brooklyn, NY 11214

924 Flatbush Ave. O B 2 5
Brooklyn, NY 11226

2965 Ocean Pkwy #200 O B
Brighton Beach, NY 11235

BRONX

5221 Broadway 1
Bronx, NY 10463

384 E 149th St. # 201
Bronx, NY 10455 2 5

2157 White Plains Rd
Bronx, NY 10462 O 2 5

FOXHURST

947 Southern Blvd., Bronx,
NY 10459 (Now Open)

FORDHAM

11 E. Fordham Rd., Bronx,
NY 10468 (Coming Soon)

USA
FIBROID
CENTERS

www.USAFibroidCenters.com



The new documentary is now on Hulu. ALL PHOTOS MATT BROWN

that you have had to endure in order to thrive in ballet?

In the documentary, you see a little bit of my grandma talking about what we did. My mum runs a dance studio, and she was my first dance teacher. But at 6 she quickly realized that I needed to go somewhere else to really improve. So, my grandma would drive me 3 hours to a dance studio 4 or 5 days a week, it was driving 3 hours there and 3 hours back every day. When I talked about it in the documentary, and thinking about it now, I lived it but I really don't know how we did that. It felt like we just lived in the car. I would go to school, leave school at lunch time, then we would go to dance. Finish dance at 10/1030 a.m., get home at 1 o'clock, and then start it all over again. I loved it. I am so happy that I did that, but it was a lot of sacrifices for my family. Then I moved away from California at 14 to New York for the year, living in a dorm, which was very hard for my parents. I guess they saw what I needed, and I am very lucky they did. My mum tried to make sure that I had as normal a childhood as I could, and when people meet me I think they don't see me as a normal

ballerina. That's because my mum made sure I went to school dances, had dance parties at my house, and was just raised as a normal child. She didn't want me to be home schooled, and my teachers worked with me and were really great as I was a grade A student, because, of course, any ballerina with discipline is a grade-A student. But it took a lot. It was worth it, but I did miss out on a lot of things that I won't be able to get back. But it was all worth it for me.

How do you want to take ballet forward into the modern era?

Growing up, for me, ballet wasn't my favorite. It was the one I thought was most boring of all the forms of dances. It took the most dedication, you danced to classical music, rather than jazz or more relatable music. So, for me, I just wanted to show with these programs what I think the variety of ballet and being ballerina means today. And I think that's much more than what I thought when I was younger, which was just "Swan Lake" and "Sleeping Beauty," pink tights and tutus. And while it is very much all of those things, I do think that being a ballerina in today's world is much more. Ballet isn't so limited. When I was speaking

to Rachel Moore and the Music Center that's what I said, "I want to explore what ballet means to me and what ballet means today." So that's how I went with programming the ballets. And showing differences, have Bill Irwin in there, Michelle Dorrance in there, partners together than have never danced before. You get to a point in your career where you just want to grow as an artist. And it is about challenging yourself. I am always looking

for new challenges. For sure, it was a huge feat to take on. The magnitude was not something small. It was putting together something big. It was putting something together for a theater the size of the New York City ballet, where I perform. It felt very daunting. Especially because I was the first female. That was exciting, but I felt the pressure of it being a success, because I hopefully want to inspire more women to take chances and do

things that they thought they never could. I kind of knew I maybe had it in me. But you never know until you accomplish something.

How involved was Elisabeth Moss in its development then? I heard she was a key figure during the editing stage of the documentary's production.

I was never in the editing room with her. I know she did a lot of stuff with Stephen, and he would

send her cuts and she would then send notes and stuff and did that with me, too. I was in the editing room to make sure that all of the dances and the music were synced up. That was very important to me, that the dances looked true. That was my main focus. Her focus and notes focused on the story and she had her vision.

"Ballet Now" is available to stream now on Hulu.



Weill Cornell Medicine Genetic Medicine

IRB# 1204012331
Approval Date: 04/26/2018
Expiration Date: 03/13/2019

Do YOU SMOKE HOOKAH?

CALL US TODAY AT
646-962-2672

**WE ARE CURRENTLY CONDUCTING A
RESEARCH STUDY TO LEARN MORE ABOUT THE
EFFECTS OF HOOKAH.
ELIGIBLE PARTICIPANTS WILL BE GIVEN A FREE
MEDICAL/PHYSICAL EVALUATION.
MAY TAKE UP TO 2 VISITS**

**YOU MAY RECEIVE
UP TO \$250**

**IRB# 1204012331
EMAIL: CORA@MED.CORNELL.EDU**



The world of ballet involves a lot more than just fancy footwork.

Public housing chefs hit the big time

The food entrepreneurs of New York's public housing enrich the city's culinary landscape — and tonight, you can taste their products at the first-ever City Flavors.



EVA KIS
eva.kis@metro.us

The ideas, skills and aspirations of up-and-coming chefs are never in short supply. But when they're already struggling to make ends meet in New York City public housing, they need something more to make their small business dreams a reality. That's where the free Food Business Pathways program comes in — and for the first time, you can taste the city's next great food ideas at City Flavors.

In a glittering walk-around tasting on the High Line, more than 20



Joann Poe of NYC's Best Dressed Cupcakes worked with USHG executive pastry chef Jessica Weiss for City Flavors.
PROVIDED | LIZ CLAYMAN

chefs will serve up their best bite-size sweet and savory dishes to raise funds for the program, which provides everything from supplies and marketing to equipment and insurance.

Instead of doing yet another star-studded tasting

event, City Flavors organizer Liz Neumark had another idea: "If we want to raise money to fund this Food Business Pathways program, what better way than to invite its graduates than to feature their food?"

Instead, the star chefs — among them Bill Telepan of Oceana, George Mendes of Aldea and Questlove's personal chef Ardenia Brown, just to name a few — were asked to mentor the participants, sharing their cook-

ing and business knowledge, as well as help their proteges serve up their food at City Flavors.

Among them is Joann Poe, who started her baking career making 3D cakes in the kitchen of her NYCHA apartment. "I'm self-taught," she says. "I did a lot of Googling and Youtube" and even though she couldn't afford culinary school, she bought the textbooks to practice recipes from the Bronx's now-closed Barnes & Noble. Now, she caters events through her company, NYC's Best Dressed Cupcakes.

Her partner for the event — and the source of the new vegan banana cupcakes she will present at City Flavors — is Jessica Weiss, the pastry chef for Danny Meyer's Union Square Hospitality Group (USHG). "That's the first time I ever worked with someone professional," Poe says. "It was an awesome experience. She also gave me input on my busi-

If you go:

City Flavors
July 23, 6:30-9:30 p.m.
Chelsea Market Passage,
The High Line
16th St. & 10th Ave.
\$95-\$1,000
eventbrite.com

ness and so many baking tips — things that most cooks and chefs would not share with you."

There's also a bigger hope for Neumark, who's the founder and CEO of catering firm Great Performances and helped establish the Food Business Pathways program in 2015 as part of her work on the board of the Fund for Public Housing. "I believe that without diversity, our city loses its creativity. What public housing does is it keeps neighborhoods diverse," she says. "Maybe people will look at public housing and the residents differently, not as 'them' and 'us.'"

Is your loved one suffering from agitation or aggression due to Alzheimer's disease?

Free treatment for individuals with a diagnosis of **Alzheimer's disease** or **dementia** who have symptoms of **agitation** or **aggression**

In this research study, eligible participants ages 55-95 will receive 12 weeks of free study treatment with help in behavioral management from experts in the field

If interested, please call **646-774-8671**

COLUMBIA UNIVERSITY MEDICAL CENTER
Dorner, Elvira, Cam, Low

The study is conducted at the New York State Psychiatric Institute/Columbia University Medical Center and is funded by the National Institutes of Health.

APPROVED
NOVEMBER 14, 2017
INTERVIEW

BIOTRIAL is recruiting for a study which includes an in-house stay of 11 days / 10 nights and 1 end of the study visit.

You may be compensated for your time and travel up to \$3,600 for your participation in the study.

You must be:

- Healthy male or female between 60 - 85 years of age with a BMI between 18 - 30 kg/m².
- Non-smoker or ex-smoker for at least 6 months.

Need more info?
Call recruitment at
(844) 246-8459

No time to talk?
Email recruitment@biotrial.com
or register online at
www.biotrial.com

• Biotrial is located at 130 Norfolk Street Newark, NJ with easy access to NJ Transit Norfolk Street light rail station.

BIOTECHNOLOGY
— LIFE CHANGING THERAPEUTICS —



Learn the language of the web on your own schedule.



PAT KING
patrick.king@metro.us

One of the most sought-after jobs today is working in web engineering, better known as coding. Mastery of this digital skill can almost guarantee a job with a desirable salary.

But besides the projected growth and pay, coding is perfect for those who would like to work remotely. You can learn coding remotely as well.

But first, let's talk about what coders get paid and how in demand they are.

The Bureau of Labor Statistics found that 90% of web developers make an average annual salary



of \$122,320, with the industry adding around 15% more jobs between the years of 2014 and 2024.

University of Maryland University College
With programs like introduction to interac-

tive design, fundamentals of digital media and many advanced courses available — the online digital media and web technology bachelor's degree through University of Maryland University College (UMUC) has everything you will need to kickstart your career in

web engineering.

Plus, with a staff of well-connected professors in government and private industry, you will gain a sense of how each of these worlds operate all while learning in the comfort of your own home.

For more information

on this program visit umuc.edu/academic-programs.

DeVry University

DeVry University offers a flexible online associate's degree in web development that will help you to understand the ins and outs of overall website creation and maintenance. This program focuses on learning popular industry standard software and will help you to prepare to ace the Adobe-certified associate exam that will open up many doors for you in this burgeoning industry.

For more information on this program visit get-started.devry.edu/.

Baker College

One of the first school's in the country to offer its full curriculum online, Baker College has been a

leader in understanding people's desire to learn on their own schedule.

The college offers a bachelor of science degree in computer sciences with concentrations in computer information system, database technology and mobile application software.

To take your skills in web engineering and coding into a completely different realm, you could apply to the school's game software development program.

This completely online bachelor of science degree will teach you how to create computer and video game animation all while sitting feet away from your own video gaming device. Well, isn't that convenient?

For more information on Baker College's many online programs, visit discover.baker.edu/online

Where **healthy** careers begin.

Medical Assistant

Associate Degree & Certificate Programs.

OTHER PROGRAMS INCLUDE:

Advanced Personal Training • Nursing
Surgical Technologist • Massage Therapy
Medical Billing • Clinical Medical Assistant
& Personal Training Certificate

Give us a call to get started
646.738.3860



Visit our Admissions Office at
151 West 26th Street
New York, NY 10001
swedishinstitute.edu

Swedish Institute's programs are registered with and regulated by the New York State Education Department. Accredited by ACCSC. For important information on program costs, completion and placement rates, median debt incurred, etc., please visit <http://www.swedishinstitute.edu/disclosures>.



STATE UNIVERSITY OF NEW YORK
MANHATTAN EDUCATIONAL OPPORTUNITY CENTER



Let the MEOC Help You Prepare For Your Future
Earn Your High School Equivalency Diploma
Attend College

APPLY TODAY. IT'S FREE!

Attend an Information Session on Tuesdays at 10:00am or 5:00pm

163 West 125th Street, 15th Floor, New York, NY 10027
212-961-3231 • admissions@man.eoc.cuny.edu • www.bmcc.cuny.edu/meoc

SUNY MEOC is an equal opportunity employer/program.
Auxiliary aids and services are available upon request to individuals with disabilities.



SUFFERING FROM ACNE?

You could qualify to participate in a laser treatment study.

- Eligible participants must be 12 years of age or older
- All study treatments and care provided at no cost
- Reimbursement for time and travel provided

No health insurance needed to participate



CALL 917-768-7276 or
EMAIL SRG@sadickdermatology.com
for more information.

expand your business
with metro.

to advertise, contact (212) 457-7735 or advertising@metro.us

metro media

media.metro.us

18 metro

JOB

METRO.US
MONDAY, JULY 23, 2018



ISTOCK

How becoming a paralegal can kickstart your legal career

Get one step closer to courtroom.



PAT KING
patrick.king@metro.us

Not everyone knows exactly what they want to be at an early age. It may even take you three years of college to finally figure out what you want your degree to represent in the end. Even after graduating, it may take years of working different jobs to confirm or dissuade you away from a career path. Are you are finding yourself in the position where you would like to enter a career in law, but are feeling like too much time has passed to earn your law degree? Well, becoming a paralegal might be a great way for you to kickstart your law career as you figure out your next steps.

What level of education do you need to become a paralegal?

Becoming a recognized lawyer is a seriously long road. To attend a

three-year law school program, you must first earn a four-year degree in order to be considered. After finishing your law program you must then pass the bar exam in your state in order to practice law there. This can be a long and expensive journey for many, and that's why many people choose to work as a paralegal while pursuing their law degree. But what level of education do you need to become a paralegal?

To be a paralegal, you will only need to have an associates degree to be considered for the job. Although, some firms will require you to take an "on-the-job-certification" so that they will know that you are prepared for the long hours and workload you may be given on certain cases.

You can earn such certificates like the Paralegal Studies Proficiency Certificate from the Community College of Philadelphia, the Paralegal Certificate Program from Pace University and even with an online program through Boston University.

How much does the average paralegal make?

Although a paralegal does not make as much as, say, a trial lawyer — they still make a more than admirable salary. According to U.S. News, they reported that the average paralegal makes \$49,500 a year which is above the national average salary. This is averaging each state together, however, with the top states having much higher salaries. For example, New York paralegals make an average salary of \$59,300 and those who work in Washington D.C. make the most on a national level with \$76,620 a year.

By becoming a paralegal, you will be able to work alongside lawyers on cases and get a crash course into how the legal system really works. Think of it as being a part of the supporting cast while the lawyer is running the show. So if you want to work in the excitement of a real life courtroom drama, perhaps working as a paralegal might be the right next move for your career.

yearup NEW YORK MAKE 2018 YOUR YEAR UP!

WORK HARD. GET AHEAD.

Year Up is a no-cost program for motivated 18-24 year olds, providing a path toward a professional career in just one year.

- 6 months of professional training in **technology**, **business management** or **finance**
- 6-month corporate internship with a top company
- Coursework eligible for college credit
- Up to \$800/month in educational stipend payment

Graduates earn an average starting salary of \$38,000/year.

The time to act is NOW!

Join us at an upcoming Info Session to learn more

Every Wednesday @ 2PM through August 8th
at BMCC Fiterman Hall, 245 Greenwich St. New York NY 10007
July 11, Room 903 | July 18 & 25: Room 909 | August 1 & 8: Room 1003

Every Thursday @ 4PM through August 9th
at Wall Street Campus, 85 Broad St. New York NY 10004
July 12, 19, 26 & August 2, 9: Sixth Floor

BRING THIS AD TO
EARN A FREE*



VALUED AT \$5.50

*Must be eligible to apply to Year Up and complete application after info session to receive free MetroCard.

SIGN UP FOR THE
INFO SESSION AT

YEARUP.ORG/METRONY



SPORTS

MLB expansion on the way, but where?

While Rob Manfred revealed he wants to add two teams to the league, we here at Metro decided to create a few for him.



JOE PANTORNO
joseph.pantorno@metro.us

MLB commissioner Rob Manfred revealed during Tuesday night's All-Star Game that the league is considering expanding from 30 to 32 teams. And he didn't hold back in listing potential markets.

"We have a real list of cities that I think are not only interested in hav-

ing baseball, but are viable in terms of baseball," Manfred said (h/t Nashville Business Journal). "Places like Portland, Las Vegas, Charlotte, Nashville in the United States, certainly Montreal, maybe Vancouver, in Canada. We think there are places in Mexico we could go over the long haul."

Major League Baseball has not expanded since 1998 when the Tampa Bay Rays and Arizona Diamondbacks were introduced. It came five years after the Miami Marlins and Colorado Rockies broke into the league in 1993.

So that got us thinking, what could be some possible names of the teams from these prospective baseball cities?

Metro takes a preliminary and all-too-early look at what could be expected:



With Major League Baseball possibly adding a pair of expansion teams, could we see a return of the Montreal Expos? GETTY IMAGES

MONTREAL EXPOS

No other name would suffice here. The Expos should have never left Montreal. No pressure, MLB.



LAS VEGAS OUTLAWS

This was a name I actually liked for the NHL franchise before they became the Golden Knights. The Outlaws harken back to an old "Wild West" feel and would further add to the city's bad-boy persona once the NFL's Raiders arrive in the city. Imagine if they could get hometown hero Bryce Harper, too?

VANCOUVER MOUNTIES

Besides maple syrup, moose and apologizing, mounties are synonymous with Canada. Mounties was also a name of the Vancouver's Pacific Coast League franchise which played from 1956-1969.

PORTLAND BEAVERS

The Beavers were the name of the Portland's Pacific Coast League franchise from 1903-2010, winning nine league titles in the process. They were the feeder team for 11 teams during that time. The Beavers featured some notable names over their history including Hall of Famers Mickey Cochrane and Satchel Paige



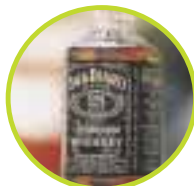
CHARLOTTE WRENS

A wren is a type of songbird found in the Carolinas and offers something different from your run-of-the-mill animal mascots. It's a specific mascot that will immediately link the hometown fans to the club. It might not be the most imposing bird, but you could get fun with a logo.



NASHVILLE CRACKER JACKS

Sure, there could be a country music theme here considering the Titans and Predators both missed out on the opportunity. But that's too clichéd. Cracker Jacks would be a combination of Tennessee's two finest exports. First, the restaurant Cracker Barrel was founded in Tennessee with its headquarters in the city of Lebanon. More famously is the whiskey brand Jack Daniels, which was founded in Lynchburg



MEXICO CITY INDEPENDENTS

Mexico City isn't too far-fetched an option for Major League Baseball. In 1994, Alfredo Harp Helu submitted a bid that included a domed 50,000-seat stadium only for the league to award franchises to Tampa Bay and Arizona the following year. Mexico City was the epicenter for Mexico's War of Independence against Spain in the early 1800's. It is also the home of the Angel of Independence, a victory column in the heart of the city.



THE MEMORY DISORDERS CENTER

AT COLUMBIA DEPARTMENT OF PSYCHIATRY

Are you or a loved one worried about having Alzheimer's disease?
RECEIVE A FREE MEMORY EVALUATION & ACCESS TO CURRENT RESEARCH STUDIES

ELIGIBLE PARTICIPANTS ARE AGES 55-95

EVALUATIONS MAY INCLUDE:

- Neuropsychological testing for memory and cognition
- Formal assessment of behavioral changes
- Physical assessments such as blood screens and EKGs
- A second opinion on a diagnosis of Alzheimer's disease
- Counseling and education in available services and studies

CONTACT US
646-774-8668

101 RIVERSIDE DRIVE
NEW YORK, NY 10032

NYSPH IRB Approved
12/22/2017 - 6/6/2018

What could the Knicks starting lineup look like come 2019?

The Knicks are expected to be major players in free agency next summer.



JOE PANTORNO
joseph.pantorno@metro.us

While the past 20 years have rarely suggested it, there might be reasons for New York Knicks fans to actually be hopeful when looking toward the future.

Through the first handful of Summer League games, ninth-overall pick Kevin Knox looks like the steal of the draft, though it's important to exercise such optimism with caution. Frank Ntilikina's defense is coming along nicely, though his offense still needs much polish-

ing, all while we wait for Kristaps Porzingis to return from injury.

But in a weakened Eastern Conference after the departure of LeBron James from the Cleveland Cavaliers, the Knicks are one or two big signings from becoming a serious contender in the East, as unbelievable as that sounds.

Yes, the Boston Celtics, Philadelphia 76ers and Toronto Raptors — even after the Kawhi Leonard trade — are slated to be the class of the conference, but New York can catapult into those conversations in the next year.

It all comes down to free agency, though.

While it is going to be an inactive summer in 2018 — Mario Hezonja likely being the big sign-



Could Jimmy Butler and Kyrie Irving team up in New York? GETTY IMAGES

ing of the offseason — next summer is expected to be quite a different story.

The Knicks are opening up space to make a run at multiple big-time free agents as two names have been tabbed early on as possible additions.

Boston Celtics point guard Kyrie Irving has already made it known that he won't sign an extension this summer with the team that traded for him last year. After demanding a trade from the Cleveland Cavaliers during the summer of 2017,

Irving was linked with the Knicks, though the franchise did not have the assets to make a serious run at the New Jersey native.

But in free agency, Irving could have a homecoming of sorts by signing with the team he grew up rooting for. He reportedly told Porzingis that he "would love to play" with him.

Irving would provide the Knicks with their best point guard in decades which would force the developing Trey Burke and Emmanuel Mudiay to the bench or make them expendable. As for Ntilikina, the plan has been to move him to the 2, but his status there could be in jeopardy if the Knicks are able to pull off another big signing.

Earlier in July, Joe Cowley of the Chicago Sun-

Times reported that Jimmy Butler wants to join forces with Irving in the future. The former Bulls All-Star now Minnesota Timberwolves shooting guard is apparently fed up with his current team, which would make it unlikely that he will opt into his 2019 player option. That would make him a free agent the same summer as Irving, allowing him to follow the point guard wherever he might sign.

So if all the dominoes fell perfectly for New York, what would a Knicks ideal lineup look like in 2019?

PG- KYRIE IRVING
SG- JIMMY BUTLER
SF- KEVIN KNOX
PF- KRISTAPS PORZINGIS
C- ENES KANTER

MEDICAL RESEARCH

To advertise, call Peter Blankenstein at 212-457-7751 or email peter.blankenstein@metro.us

Do you or someone you know suffer from Eczema?



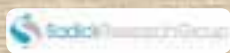
You may qualify for a research study where you may receive:

- Study related medication and procedures at no cost
- Reimbursement for travel expenses

Eligible participants must be:

- Males and non-pregnant females in good health
- Have a diagnosis of Eczema or Atopic Dermatitis

If interested, please call **212-772-7242** or email SRG@sadickdermatology.com or visit sadickresearch.com



Are you a smoker or an ex-smoker?



Or maybe you've been told that you have COPD. If so, you might be eligible to participate in a study that involves two study visits during which a blood draw and bronchoscopy will be performed. You must be between 18-70 years old; and have smoked for more than 15 years. You will be compensated for your time. For more info: contact the Clinical Research Center at: **347-380-3042**.

LEGAL NOTICES

NOTICE IS HEREBY GIVEN, PURSUANT TO LAW, that the NYC Department of Consumer Affairs will hold a Public Hearing on Wednesday August 8, 2018 at 2:00 p.m. at 42 Broadway, 5th floor on a petition for Shree Laxmi Restaurant Inc. to establish, maintain, and operate an unenclosed sidewalk cafe at 411A Amsterdam Ave. in the Borough of Manhattan for a term of two years.

REQUEST FOR COPIES OF THE REVOCABLE CONSENT AGREEMENT MAY BE ADDRESSED TO: DEPARTMENT OF CONSUMER AFFAIRS, ATTN: FOIL OFFICER, 42 BROADWAY, NEW YORK, NY 10004.

LEGAL NOTICES

NOTICE OF FORMATION of Thermidor Consulting, LLC. Articles of Org. filed with the Secy. of State of New York (SSNY) on March 8, 2018. Office location: New York County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to the LLC c/o 405 East 77th Street, Apt. 10, New York, NY 10075. Purpose: Any lawful activity.

LEGAL NOTICES

NOTICE IS HEREBY GIVEN, PURSUANT TO LAW, that the NYC Department of Consumer Affairs will hold a Public Hearing on Wednesday, August 15, 2018 at 2:00 p.m. at 42 Broadway, 5th floor on a petition for Wolfe L.L.C. Inc., to establish, maintain, and operate an unenclosed sidewalk cafe at 3310 36th Ave. in the Borough of Queens for a term of two years.

REQUEST FOR COPIES OF THE REVOCABLE CONSENT AGREEMENT MAY BE ADDRESSED TO: DEPARTMENT OF CONSUMER AFFAIRS, ATTN: FOIL OFFICER, 42 BROADWAY, NEW YORK, NY 10004

LEGAL NOTICES

ANYONE HAVING INFORMATION regarding the whereabouts of Christopher John Brickhill. Last known address: 341 West 11th Street, Apt. PH, New York, NY 10014, Please Contact: Rita Silva at silvarita8@gmail.com.

NOTICE IS HEREBY GIVEN that a license, Number Pending, for Restaurant Wine has been applied for by the undersigned to sell Wine, Beer & Cider at retail under the Alcoholic Beverage Control Law at 261 267 Canal St., Stall #5, New York, NY 10013, New York County, for on premises consumption. **Lukes Lobster XXVII LLC d/b/a Luke's Lobster.**

NOTICE IS HEREBY GIVEN that a license, Number 1306311, for Restaurant Wine has been applied for by the undersigned to sell Wine, Beer & Cider at retail in a Restaurant/Lounge under the Alcoholic Beverage Control Law at 2150 5th Ave., New York, NY 10037. New York County, for on-premises consumption. **Stingray's LLC.**

NOTICE IS HEREBY GIVEN that a license, Number 1311254, for Beer & Wine has been applied for by the undersigned to sell Beer & Wine at retail in a Restaurant under the Alcoholic Beverage Control Law at 00 Broadway Plaza, Kiosk 1, New York, NY 10036. New York County, for on premises consumption. **Mr. Bing Times Square LLC.**

metroCLASSIFIEDS To place an ad call **866-900-9473** or visit us at www.metro.us

LEGAL NOTICES

SUPREME COURT

COUNTY OF QUEENS
DEUTSCHE BANK NATIONAL
TRUST COMPANY, AS
INDENTURE TRUSTEE, ON
BEHALF OF THE HOLDERS
OF THE ACCREDITED
MORTGAGE LOAN TRUST
2006-2 ASSET BACKED
NOTES, Plaintiff against
LIZA BESS, if living, or
if either or all be dead, their
wives, husbands, heirs-at-
law, next of kin, distributees,
executors, administrators,
assignees, lienors and
generally all persons having or
claiming under, by or through
said LIZA BESS, by purchase,
inheritance, lien or otherwise,
of any right, title or interest in
and to the premises described in
the complaint herein, and the
respective husbands, wives,
widow or widowers of them,
if any, all of whose names
are unknown to plaintiff, et
al Defendant(s). Pursuant to
a Judgment of Foreclosure
and Sale entered on March
12, 2018. I, the undersigned
Referee will sell at public
auction at the Queens County
Supreme Courthouse, 88-11
Sutphin Boulevard, Court
Room # 25, Jamaica, N.Y.
on the 10th day of August,
2018 at 10:00 a.m. premises
described as follows: All that
certain plot, piece or parcel of
land, with the buildings and
improvements thereon erected,
situate, lying and being in the
Far Rockaway in the Fifth Ward
of the Borough and County of
Queens, City and State of New
York, bounded and described
as follows: BEGINNING at a
point on the southeasterly side
of Bay Street, a/k/a Dunbar
Street, 420 feet northerly
from the corner formed by
the intersection of the said
southerly side of Dunbar Street
with the northeasterly side
of Mott Avenue, from said
point; RUNNING THENCE
southeasterly at right angles to
said side of Dunbar Street,
125 feet; THENCE
northeasterly and parallel with
said side of Dunbar Street,
40 feet; THENCE northwesterly
again at right angles to said
side of Dunbar Street,
125 feet to said southeasterly
side of Dunbar Street;
THENCE southwesterly along
said side of Dunbar Street,
40 feet to the point or place of
BEGINNING. Said premises
known as 1516 Dunbar
Street, Far Rockaway, N.Y.
11691. (Block: 15685, Lot: 32)
Approximate amount of lien
\$ 587,134.07 plus interest and
costs. Premises will be sold
subject to provisions of filed
judgment and terms of sale.
Index No. 13115-11.
Gary M. Darche, Esq.,
Referee. Eckert Seamans
Cherin & Mellott, LLC
Attorney(s) for Plaintiff
10 Bank Street, Suite - 700
White Plains, N.Y. 10606
(914) 949-2574

metro
CLASSIFIEDS
To place an ad call
866-900-9473
or visit us at
www.metro.us

SPA & MASSAGE

To advertise with Metro, email
peter.blankenstein@metro.us

BODY WORK

Latino Russian Asian

50th St. W • 212-956-7976

11am to 8am (21hrs)

28th St. E. Lexington Ave

646-682-7032

11am to 8am (21hrs)

9th St. E

646-918-6116

11am to 8am (21hrs)

15th St. W

212-727-7458

11am to 9.30pm

48th St. W • 212-247-8899

11am to 8am (21hrs)

89th St. E • 212-369-4345

24 hours

BODY WORK GRAND OPENING

LATINO RUSSIAN ASIAN (GIRLS)
240 W 15th St Btw 7th & 8th Avenue Manhattan
OPEN 7 DAYS (24HRS) • TEL - 212.727.7458

Find Local Massage Spa

OMG PAGE.com

CAREER TRAINING



JOBS

We Train & Place!
Call: 718-263-0750

- PCT • HHA • CNA
- Med. Billing & Coding
- M.A • Pharmacy Tech
- EKG/Phlebotomy Tech
- Business Analyst/QA
- Media concepts:
- Audio • Video
- Solar Tech
- SAP

US Vets
Call
Now

FREE TRAINING IF QUALIFIED
Students Visas @ Low Cost

On Queens Blvd Next to E/F Train Q10 Bus 8002 Kew Gardens Rd, Kew Gardens, NY

WWW.ACCESSQUEENS.COM

PEST CONTROL SCHOOL & SERVICES

6/9 DAYS/N.Y. STATE APPROVED, CERTIFICATION
& RECERTIFICATION IN BED BUGS, TERMITES,
STRUCTURAL, FOOD PROCESSING & LANDSCAPING

BEDBUG SPECIALISTS JOB ASSISTANCE/BUSINESS

1(800) 220-5494 or (718) 205-0557

pestcontrolschoolny.com | pestmanagementsciences@yahoo.com

Call or Text #917.653.0319

CAREER TRAINING

CERTIFICATION SCHOOL

OSHA, FLAGGER, CPR
SECURITY GUARD
LIFT TRUCK, FIREGUARD
29-28 41 Ave RM 51, NY 11101

(718) 790-2664

www.tribunest.com

HHA/CNA Training NYSED

Slow learner? Long time out
of school? Job Placement
Assistance \$14.09/per hr
All benefits included
Call #718.349.8003

ITEMS WANTED

Absolute Yes! SAME DAY

!CASH PAID!
\$45 AcuChek 100/Smartview100
888-415-0796 instant!
for Diabetic Test Strips
224 w 116 st, M-F, 2-4 p
or mail in B,C,2,3 trains

REAL ESTATE

Rooms for Rent

All Manhattan/Bronx

Furnished Rooms For Rent!
Cable/Internet Ready! Move
In Today! All utilities Inc.
Starting Just \$150/wk.
Call Us Now: (212) 368-2685

100's Available, All Boroughs

Private Entry Bath Cooking
1 Person/2 Person \$125/wk up room rentals
Studios \$900/up
212-210-0921

Manhattan & Bronx Rooms

Private rooms in apt. Fully equipped.
Start 150 wifi/cable included.
Move same day! • (212) 862-0030

JOBS

General Help Wanted

NO MONEY DOWN CABLE

Get an all-digital satellite
system installed for free
with 150 channels and
programming starting
at only \$35/mo.
New callers get a FREE
\$100 Visa Gift Card.

SO CALL NOW 877-255-0353

metro CLASSIFIEDS
To place an ad call 866-900-9473

JOBS

General Help Wanted

Do you need a job



**Ticket to work
Employment Program**
Free for SSI and SSDI Beneficiaries

**If you receive SSI/SSDI,
are between ages 18-64 and
are looking for work
America Works can help you...**

To register for an Orientation Session or
learn more information contact us at
(855) 268-1935 or
NYC@americaworks.com
www.americaworks.com/tickettowork

HOME HELPER WANTED

HHA FOR GREATER PAY!
Without HHA? You can still
help elderly friends & family
members for great pay!

646-799-6062
646-660-0530 | 646-832-7647

or visit us at: 110 West 34th St.
Suite 1207 Manhattan, M-F, 10-5

Earn Big Money Part-Time From Home!

Mailing our Full-Color Sales Postcards
1-800-313-0961 • www.abm5678.com
Referred By #5678 Mike Caul

Cleaning/Limpieza

M/F No Exp 18+ older

Call Now
(929) 285-2637
or **(929) 407-4764**

IMPORTANT INFORMATION:
All classified advertising is subject to the terms and
conditions of the applicable Metro Classified rate
card and to approval and acceptance at Metro U.S.
option. Metro US reserves the right to edit, reject,
cancel or reclassify an ad, and reserves the right
to convert any classified advertising to alternative
formats for use and publication in other Metro U.S.
publications. It is the advertiser's sole responsibility
to check each ad the first day it is published. Metro
U.S. assumes no responsibility for any reason, for
any error or omission in any ad.

metro CLASSIFIEDS
To place an ad call 866-900-9473

metro CLASSIFIEDS
To place an ad call 866-900-9473
or visit us at www.metro.us

JOBS

Healthcare



JASA Care is seeking
certified Home Health
Aides!

We offer:
Health Insurance
Paid Vacation
Differential pay for
holidays and weekends

Union 1707 Local 389

JASA

Cases available
throughout NYC:
Brooklyn, Queens,
Bronx, Manhattan
Flexible schedules!
4,6,8,12,24 hour cases

Call us today to apply!
646-343-9300
Ask to speak with
Human Resources

JASA Care
247 West 17th Street, 4th Floor
New York, NY 10011

EEB

Education

**HIGH SCHOOL
DIPLOMA**

If you're 18 or older you can complete
your high school education at home
right now in as few as 2 months

212-967-7010

469 7th Ave, 7th Floor
(Btwn 35th & 36th Street)
Liberty High School Vt.

PSYCHICS

MOST POWERFUL AFRICAN PSYCHIC



Mr. KALLO
LOVE GURU



39 Years Experienced **LOVE EXPERT**
I BRING BACK LOVED ONES
ONE VISIT & YOU WILL SEE RESULTS.
I NEVER LOOSE ANY CASE

I can Help you in Problems: Marriage, Court case,
Business, Depression, Bond Families, Stop Divorce, Stress
Removal, Bad Luck, Evil eyes, Jadoo & Negative Energy

NO MORE PAIN, NO MORE DISSAPPOINTMENT,
MEET LOVE MASTER TODAY & GET SOLUTIONS

347-271-3493, 917-946-4662

PSYCHICS

**WORLD FAMOUS INDIAN
PALMIST & SPIRITUALIST**



PANDITH: **RAVI SHANKAR GURU JI**

**MEET ONCE 100%
EXPERT PANDITH**

EXPERT IN REMOVING PROBLEM LIKE

Health, Depression & Blockage,
Enemy Problems, Jealousy, Sexual Problems,
Business Problems, Money Problem,
Childless Couples, Worried About Loved Ones



**FREE READING
MON'S & SAT'S**

**He Can Handle, Remove & Destroy Black Magic,
Voodoo, Obey, Witchcraft, Demonic Forces, Evil,
Bad Luck & All Negativity And Gives Protection**

"LIFE IS TOO SHORT"

DON'T SUFFER!

347-553-1494

103-02 LEFFERTS BLVD. RICHMOND HILL, NY 11419 (INSIDE PRIVATE HOUSE)

PSYCHICS

**POWERFUL AFRICAN
SPIRITUAL READER**



Highly gifted & powerful spiritual healer
Immediate Results

All matter of life issues, personal
growth guidance & clarity in finance.
Specializing in love, career, black magic,
removing evil spirits, voodoo, jaadoo,
bring back loved ones, protection
guaranteed. Quick Results.
100% Guaranteed.

One Call, One Visit Will Change Your Life
CALL MR TASLIMY AND GET HELP

917-385-9382

www.taslimyadvisor.com



Mr. Fode

**International Spiritual
Healer and Clairvoyant**

With 40 years of experience, inherited through
family with reputation of helping people all over the
world. I can solve your problems in the quickest way!

**BRING BACK YOUR LOVED ONE, PROTECTION,
REMOVE ALL BLACK MAGIC WITCHCRAFT AND
IMPOTENCY, BRING HAPPINESS INTO YOUR LIFE
AND MANY MORE 100% GUARANTEED**

**BROOKLYN LOCATION
CALL 347-798-7742.**



**Healer and
Clairvoyant**

From a well known spiritual family who
combined the power of spirituality, healing
and love. Guarantee to bring your partners,
love ones within 72hrs., clear bad luck and
obia in just one cleansing, break unwanted
relationship, court cases, protection etc.

**Even the worst case scenario,
just call Mr. Suwa on
347-792-9714
Located at Ralph and Fulton, Brooklyn.**



**Mr. Mane International
Renowned African
Psychic & Advisor**

No matter how complex and
difficult your situation, you can
count on Mr. Mane's professionalism, discretion
and spiritual skills to solve your issue in the
quickest way.

Love Master: Return of Loved One Quick,
Black Magic, Obeah, Voodoo & Jadoo, Release
from Spell, Protection, Business Success, Court
Issue, Exams, Immigration Case, Gambling,
Family Issues, Unknown Disease & Sexual
Problems Etc...

Quick results Call **646-886-3995**
Manhattan & Bronx
www.mrmanemedium.com



Mr. SAIDOU

International Spiritualist
Medium & Psychic Over
40 yrs exp. Bring back loved
ones in the Quickest Way,
Stop Infidelity, Business

Success, Exams & Career, Black Magic
Specialist, Clear Negativity, Bad Luck,
Protection, Sexual Problems etc.
Results in 7 Days Guaranteed.

**Call 516-206-8543
and 646-339-9948**

132nd Street, 7th Ave., Manhattan, NY

metro
CLASSIFIEDS

To place an ad call 866-900-9473
or visit us at **www.metro.us**

**DEADLINE: 2 BUSINESS DAYS PRIOR
TO PUBLICATION AT 4 PM.**

GAMES

metro.us/crossword

ACROSS

- 1 Pres. William Howard ____
 5 Stubborn animal
 9 Word attached to stick or happy
 13 Lubricated
 15 Come ____; find
 16 Bagel's center
 17 Piece of grass
 18 Deliberately ruins another's plans
 20 Suffix for lion or govern
 21 Actor's signal
 23 Most unusual
 24 Stacks
 26 Initials for Coretta's hubby
 27 Crab Louie & coleslaw
 29 Afternoon rest
 32 Cream of the crop
 33 Shoelace woes
 35 Rip off
 37 Big ____; 18-wheelers
 38 Crazy
 39 Show courage
 40 "Nonsense!"
 41 Fruit ____; colorful cold cereal

- 42 Sulks
 43 ____ out; batted unsuccessfully
 45 Fragrances
 46 ____ roll; winning and winning
 47 "Carmen" or "Rigoletto"
 48 Worldwide
 51 Pop singer Bobby
 52 ____ for tat
 55 ____ in; enjoy the richness of
 58 Not savvy
 60 Generations
 61 Look-alike
 62 S, M, L and XL
 63 Car ding
 64 Strong urges
 65 State of disarray

DOWN

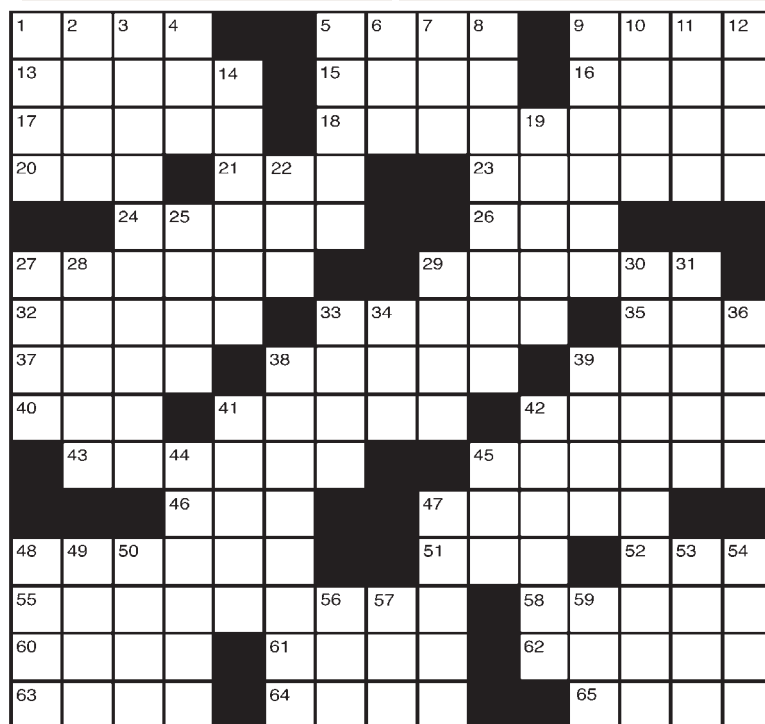
- 1 "Who Wants ____ a Millionaire"
 2 Feels miserable
 3 Brit's "torch"
 4 One of the Kennedys
 5 Contemplates
 6 ____ tree; cornered
 7 Bowl clumsily
 8 Hugeness
 9 Ocean dangers
 10 Theater box

- 11 Pub drinks
 12 Nuisance
 14 Ten-year period
 19 Yarns
 22 FedEx competitor
 25 Dines
 27 Many a Belgrade resident
 28 Word on a wanted poster
 29 Offspring
 30 Put through a terrible ordeal
 31 Vital artery
 33 Nutcase
 34 KLM followers
 36 Mrs. Truman
 38 Place
 39 Entryway
 41 Of the moon
 42 Primps
 44 Hearty
 45 Make fun of
 47 Heating chambers
 48 Pleased
 49 Sled race
 50 Beasts of burden
 53 Currier's printmaking partner
 54 Actress Harper
 56 Sense of wonder
 57 Cheap metal
 59 Goal

Check your answers
at metro.us/games

Powered by

Arkadium



BY TCA

metro.us/wordsearch



Broom
 Dumbledore
 England
 Gryffindor
 Harry

Hermione
 Hogwarts
 Magic
 Potter
 Ron

Snape
 Spell
 Voldemort
 Wand
 Wizard

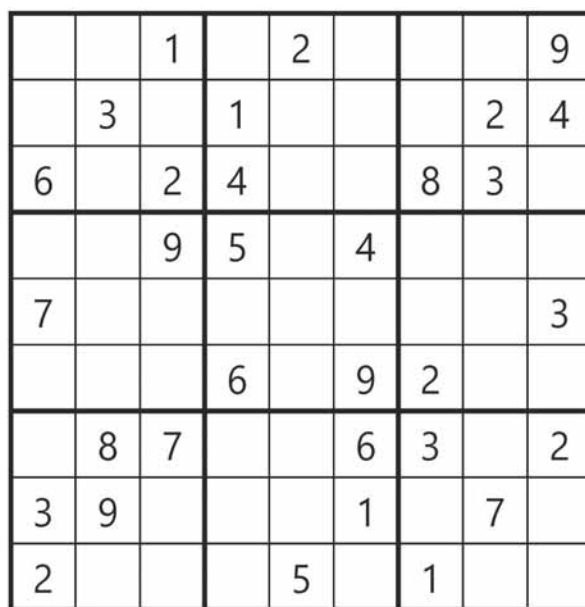
metro.us/wander

Category: Idiom



Trace a path, using every letter once,
 to find the hidden phrase. Your path
 can turn in any direction, but not
 diagonally.

metro.us/sudoku

PLAY ANYTIME,
ANYWHERE

Find these games
 and MUCH MORE at
 games.metro.us



Yesterday's Answers

T	O	T	E	R	O	W	D	Y	S	O	F	T
E	A	R	S	E	V	A	D	E	H	A	L	E
C	H	A	P	P	E	N	E	T	R	A	T	E
H	U	N	R	E	N	T	U	P	S	E	T	
		S	W	A	N	S		P	R	E		
A	C	C	E	P	T		C	O	A	S	T	S
C	U	R	E	S		S	T	A	L	L	H	U
T	R	I	P		S	P	I	R	O	B	E	A
S	I	P		P	L	U	M	E	L	A	R	V
	E	T	C	H	E	R		B	E	A	M	E
		L	O	W		L	A	S	S	O		
A	S	P	E	N		S	O	N	S	S	O	S
U	N	I	V	E	R	S	I	T	Y		S	T
K	I	T	E		A	O	R	T	A	R	A	Z
S	T	A	R		T	Y	S	O	N	S	T	E

metro

As the world's largest global newspaper,
 Metro has more than 18 million readers in
 more than 100 major cities in 23 countries.

10271 • main 212-457-7790 • to advertise 212-457-7735 • Press releases pressrelease@metro.us • Chief Revenue Officer Ed Abrams, Ed.Abrams@metro.us • U.S. Circulation Director Joseph Lauletta • U.S. Marketing Director Wilf Maunoir • email sales advertising@metro.us • email distribution distribution@metro.us • Advertisements appearing in Metro are published in good faith. Metro does not endorse and makes no representations about any of the advertising content appearing in its pages. Metro is not responsible for any loss or damages whatsoever resulting from readers using the services of its advertisers. Readers should exercise caution when replying to advertisements, especially those which require any form of payment, and, where necessary, should seek independent legal advice. • Editor in Chief Aleksander Korab, aleksander.korab@metro.us • Managing Editor Morgan Rousseau, morgan.rousseau@metro.us • Night Editor Jeff Tomko, jeff.tomko@metro.us • Art Director Luis Matos, Luis.Matos@metro.us • Sports Editor Joseph Pantorno, joseph.pantorno@metro.us • Going Out Editor Eva Kis, eva.kis@metro.us • Head of Production Matt Prowell, matt.prowell@metro.us





**FOUNDATION
DAY**



बैंक ऑफ बड़ौदा
Bank of Baroda
India's International Bank



BANK OF BARODA, NEW YORK

- Certificates of Deposits • Trade Finance • MMDA
- Corporate Finance • Free Rupee Remittance to India • Syndicated/Bilateral loans

For attractive FCNR Deposit Rates
visit our website: www.bankofbaroda-usa.com
or Contact at **+91 79-49044100 or +91 79-23604000 (24 x 7)**.

BANK'S GLOBAL PRESENCE:

Australia | Belgium | Botswana | China | Fiji Islands | Ghana | Guyana | Hong Kong | India | Kenya | Mauritius | New Zealand
Seychelles | Singapore | Sultanate of Oman | Tanzania | Trinidad & Tobago | UAE | Uganda | UK | USA



CUSTOMER INSPIRED BANKING
On our 111th Foundation Day, we express our gratitude to
Customers for their trust and confidence.
www.bankofbaroda-usa.com

#BankingOnYourFuture

Attractive Interest Rate on CDs

- 1 Year CD - 2.50% APY *
- 2 Year CD - 2.80% APY *
- 3 Year CD - 2.85% APY *

W.e.f. July 20, 2018

Contact Tel.:

+1 646-597-7246

* Subject to change
without prior notice.

**Visit Us: One Park Avenue,
New York, NY 10016, USA**

MEMBER FDIC

Tel.: +1 212-578-4550 | Fax.: +1 212-578-4565
www.bankofbaroda-usa.com | email: newyor@bankofbaroda.com